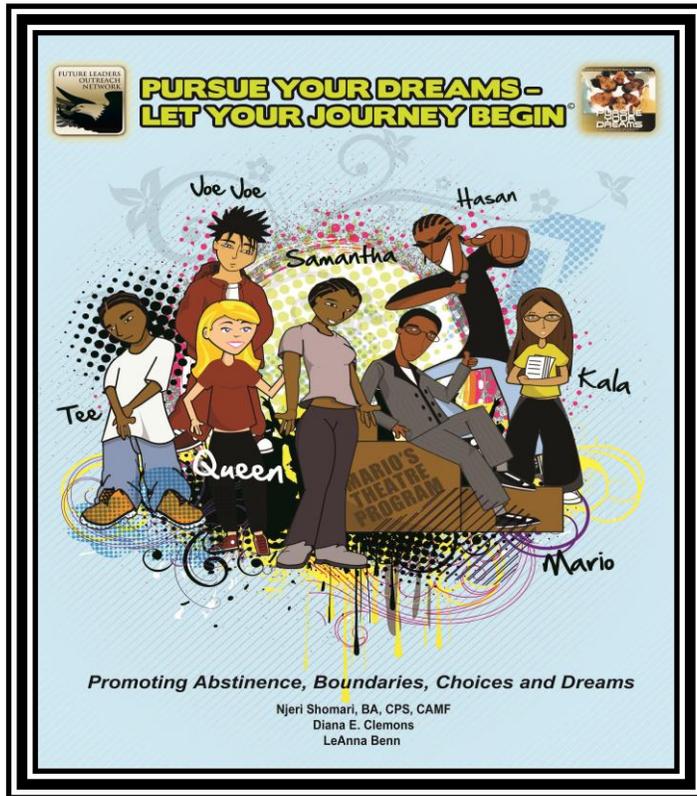
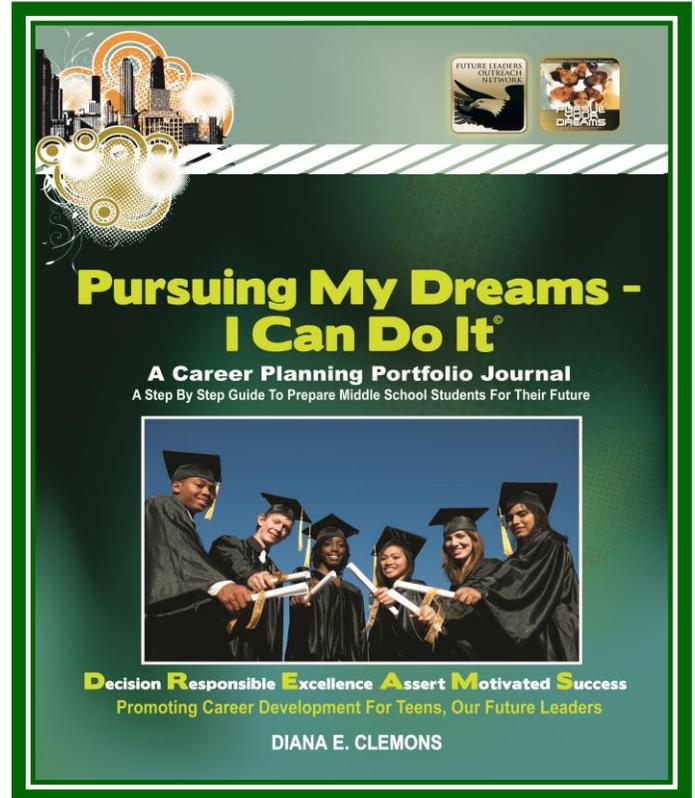


Pursue Your Dreams (PYD) Club Curriculums



Edition 3, 2012, Revised information on authors
Dr. Diana E. Clemons, Njeri Shomari, MSW and
LeAnna Benn, BA



Edition 3, 2013, Revised information on authors
Dr. Diana E. Clemons and Njeri L. Shomari, MSW

The curriculums designed for the Pursue Your Dreams Club Program consists of post-secondary preparation. FLON's curriculums Pursue Your Dreams (PYD) – Let Your Journey Begin©, module 1, consists of three journey steps and Pursuing My Dreams – I Can Do It, module 2 consists of six journey steps, a total of nine that leads to making a significant impact on the teen.

Each of the steps is creative and developmental activities specifically designed to teach adolescents foundations of self-sufficiency necessary before considering starting a family. Then development of these curriculums resulted from a lack of abstinence education curriculums teaching teens the importance of self-sufficiency before engaging in sexual activity.

The post-secondary preparation steps include abstinence education, the prerequisite before students are guided on their journey to teach them the following: Education planning, career planning, job readiness, financial literacy, college preparatory, leadership development and principles of entrepreneurship.

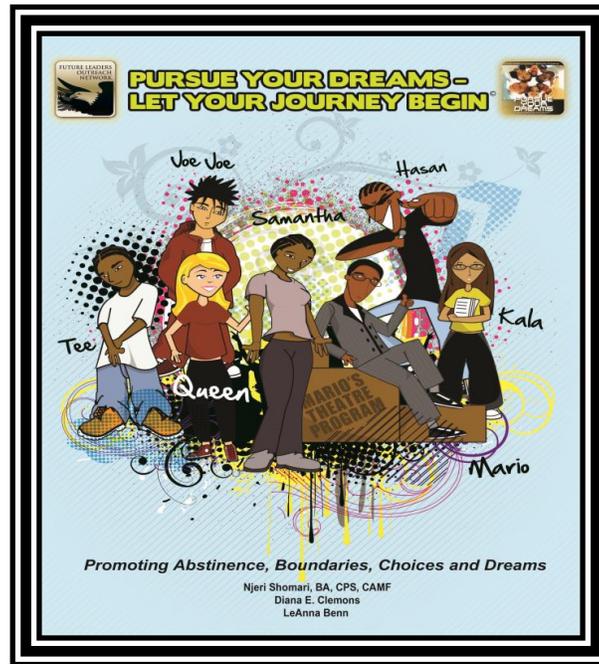
The additional courses taught that will be explained on the following pages are **Unlocking Your Potential** by Edge Learning Institute, **New Youth Entrepreneur** by Education, Training & Enterprise Center, Inc. and **Money Matters** by the Federal Deposit Insurance Corporation (FDIC). Other supplemental materials (e.g., handouts, etc.) are utilized to support all curriculum components.

The PYD Club is an after school program that can be implemented in the schools, community and faith based settings for a total of **twenty hours, two hours per week** for the condensed version. The full version is **forty hours, four hours per week for ten weeks**.

To inquire about training your organizations staff to replicate the Pursue Your Dreams Club Program contact FLON at **(816) 474-3566, ext. 13**.

Pursue Your Dreams (PYD) Club Curriculums

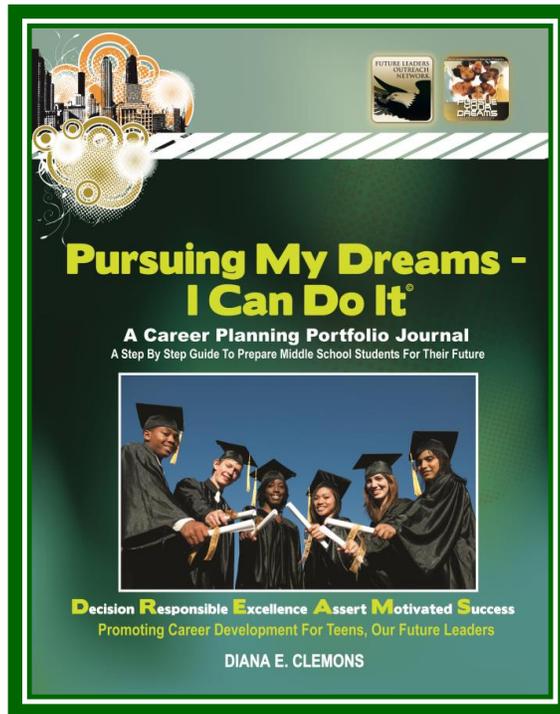
The following is the table of contents from the Pursue Your Dreams – Let Your Journey Begin



Message from Future Leaders Outreach Network (FLON)	4
Introduction - Pursue Your Dreams – Let Your Journey Begin©	5
You're Strong Enough To"....Message from J.T. Quick	6
Meet The Pursue Your Dreams Crew	7
Going Down The Wrong Path – Meet Green	15
PYD Crew: Abstinence, Boundaries, Choices and Dreams Darren and Samantha have choices to make	17
Journey Step 1: Abstinence Education: Abstinence from drugs, alcohol, violence and sexual activity – Character Based Abstinence Curriculum	22
Your Vision	23
Mapping Your Future	24
Journey Step 2: Career Exploration: COIN Career Targets	25
Selecting School Classes to Prepare You for College and Future Career	27
Sample Occupation Profile (Provided by COIN Career Targets)	
Establishing Your Career Mission, Objectives, Goals and Future Plans	30
Pursue Your Dreams Affirmations	32
It's Journal Time: Pursuing My Dreams Journal Notes	33
Journey Step 3: College Preparatory: Why Go To College?	35
Why Go To College? Take the SAT and ACT Test	37
Pursue My Dreams Commitment Pledge	39
It's Journal Time: Pursuing My Dreams Journal Notes	40
Acknowledgments	43

Pursue Your Dreams (PYD) Club Curriculums

The following is the table of contents from the Pursuing My Dreams – I Can Do It

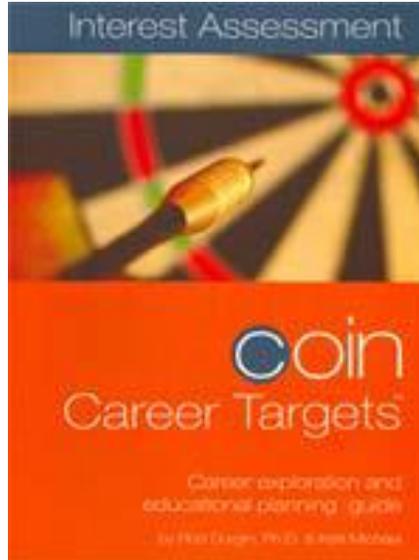


Message from Future Leaders Outreach Network (FLON)	5
Journey Step 4: Creating Your “Pursuing My Dreams Portfolio: It’s Journal Time – Your Future Career Goal and Objectives and more	6
Journey Step 5: Unlocking Your Potential: Inspiring and Preparing Teens For Success (Self-Esteem)	9
Journey Step 6: Pre-Employment Development: (Job Readiness) What Is Your True Color (Activity) Connecting Your True Color	16
Journey Step 6: How to successfully complete a job application. Sample Cover letters and thank you letters	18
Journey Step 7: Mock Job Interviews: Questions To Ask An Employer, Do’s and Don’ts	26
It’s Journal Time – Pursuing My Dreams Journal Notes	28
Journey Step 8: Introduction To Entrepreneurship – So You Want Thinking About Being A Business Owner (Modules	29
Activity: A Letter to your Parents or Guardian/ A Letter to Yourself	33
Journey Step 9: Youth Financial Education (SMART MONEY)	35
It’s Journal Time – Pursuing My Dreams Journal Notes	36
Pursuing My Dreams Commitment Pledge	39

Pursue Your Dreams (PYD) Club Curriculums

COIN CAREER TARGETS

Writing Down Your Vision Educational Career Planning Guide



It might seem a bit early to start thinking about the type of work you would like to do as an adult. But, it is important that you begin to think about your career now. The classes you take in high school and your current interests can influence the kind of career you decide to pursue.

The activities in this workbook will introduce you to the world of work and a number of specific occupations that exist. Through these activities, you will also identify your interests and relate those interests to something you may like to do in a future career. Your students will also review sample occupations that provides a list of the required academic courses that need to be taken in high school to help build the foundation to prepare for this occupation, education required, earnings and more.

FLON has administered the COIN Career Targets reliable interest assessment since 2003 to one thousand two hundred middle and high school students. Out of the 1,200 students, 98% of the students hit a bulls-eye target after completing the assessment. All activities meet the goals and objectives of No Child Left Behind and the ASCA model, as well as many federal, state, and local curriculum guidelines.

Pursue Your Dreams (PYD) Club Curriculum

Let Your Journey Begin!

If you have ever played or witnessed a dart game, when playing darts, each ring on the target carries a certain point value. The degree of difficulty increases as you get closer to the center or “bull’s-eye.” As you move from the outermost to innermost rings, the level of focus and skill involved increases.

Planning your future career using the Career Targets workbook is very similar to playing a game of darts. As you move from ring to ring, the activities will require you to make more specific decisions and get more focused in planning for your future career.



In Journey Step 2, you will learn...

Ring One: What is a career?

Ring Two: What are your interests?

Ring Three: How are careers organized?

Ring Four: What careers relate to your interests?

Ring Five: How can you build skills for a career?

Ring Six: How can you select school classes to prepare for a career?

Ring Seven: How do you search for jobs?

You will also be guided on a journey through COIN Career Targets workbook to complete the following activities:

- Secretary’s Commission On Achieving Necessary Skills (SCANS) checklist.
- High school planner
- Writing exercises
- Letter to your parent, teacher and or school counselor

Pursue Your Dreams (PYD) Club Curriculums



Curriculum: Unlocking Your Potential (UYP): This 14-unit, video-assisted program, students will discover the ingredients, which make up a systems can work person's potential. They will find out how great achievers became successful, and how their techniques and for anyone.

Today more than ever, parents and educators need effective tools to help young adults become more purposeful and self-directed in an increasing and rapidly changing world. These tools help them understand that they are beautiful and unique just the way they are, and to provide the inspiration to reach high and achieve great things in life.

Unlocking Your Potential helps develop a strong sense of self-confidence and self-esteem, laying the foundation for healthy achievement and healthy emotional development. The premise is simple: catch kids when they are young enough and it's a lot easier to help them develop the right attitudes for success in life. In the years since **Unlocking Your Potential** was created, thousands of students have been positively impacted by its principles and concepts, and it is currently utilized in high schools, clubs and associations around the country.

Unlocking Your Potential guides young people through a process that develops winning habit patterns and offers a “tool kit” they will carry with them for the rest of their lives. Participants learn about the ingredients that make up a person’s potential, how great achievers become successful, and how their techniques and systems can be applied. They learn how to develop the right attitude ... a positive self-image ... positive self-talk ... techniques for goal setting ... characteristics of high-performers ... and much more.

Click on the link below to review Chapter 1 of UYP

http://www.youtube.com/watch?feature=player_embedded&v=6or-BrEpEIA

FLON utilizes this curriculum that has enormous energy and technical effort that was superbly produced for young people, who desire to go to college, trade school, corporate employment, entrepreneurship or who may be unsure about their future career after graduating from high school.

Pursue Your Dreams (PYD) Club Curriculums

Below are the 14 modules from Unlocking Your Potential:

1. You've Always Had the Potential
2. You're Born to Win
3. The Most Amazing Computer of All
4. Changing from the Inside out
5. You'll See It When You Believe It
6. How to Increase Self-Confidence
7. Know You're Good...And Wear It Well!
8. Success is a Journey...Not a Destination
9. If You Fail to Plan, You're Planning to Fail
10. How to Motivate Yourself and Others
11. What Employers Expect of a Great Employee
12. You Never Get a Second Chance to Make a First Impression
13. Taking Responsibility for Your Life
14. Qualities of Peak Performers

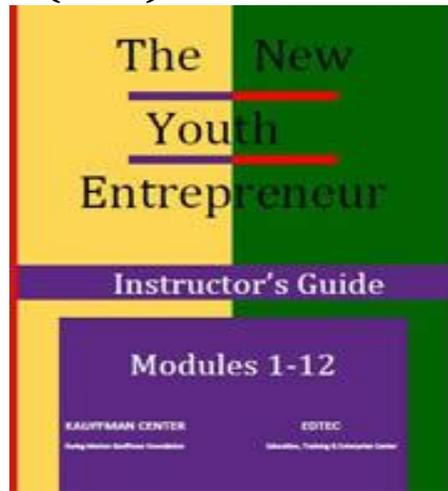
Students Will Learn From "Unlocking Your Potential" How to:

1. Recognize their potential.
2. Identify self-imposed limitations.
3. Make more effective use of the most amazing computer of all.
4. Design a personal "ad campaign" to help them "grow" and change.
5. Build high self-esteem in themselves and others.
6. Overcome fear of failure and increase their self-confidence.
7. Move steadily toward personal goals.
8. Develop leadership qualities that get results.
9. Understand what every employer looks for.
10. Enables students to approach life on an "I want to" instead of an "I have to" basis.
11. Emphasizes personal accountability, refusal and assertiveness skills and self-
12. management skills.
13. Exercise their power to choose and develop winning habit patterns

Click on the link below to review Chapter 1 of UYP

http://www.youtube.com/watch?feature=player_embedded&v=6or-BrEpEIA

Pursue Your Dreams (PYD) Club Curriculums



Curriculum: New Youth Entrepreneur (NYE) is an experience-based curriculum for teaching youth about entrepreneurship. The curriculum includes design and content ideas from leading experts in education and successful entrepreneurs. Practicing entrepreneurs have hailed the New Youth Entrepreneur as a valuable resource in preparing America's youth for business ventures.

Educators have field-tested the curriculum and praised it for meeting curriculum standards, successfully conveying to youth the principles and practices of entrepreneurship and heightening student interest in pursuing additional entrepreneurship education.

There are 12 workbook modules that young people will learn and experience an enhanced sense of empowerment and self-sufficiency and the importance of academic preparation in the context of entrepreneurship; explore entrepreneurship as a career option; learn about setting goals and developing an "entrepreneurial attitude, etc.

Additionally the New Youth Entrepreneur curriculum is taught through interactive teaching that will be conducted when computer lab time is scheduled. Click on the link below to review animated, multimedia samples of each of the 12 New Youth Entrepreneur Interactive modules.

http://www.edtecinc.com/nyeint/nye_interactive_preview.htm

The curriculum modules can be used individually or in groups in a variety of youth settings. Subjects covered in the module are:

- **Entrepreneur?** Who, Me? Yess! You
- Opportunities - They Are All Around You
- Business Ideals For All Communities
- How To Sell Your Idea - The "What's In It For Me?" (WIIFM) Factor
- Money To Get Started
- Where To Do Business
- Types of Business Ownership
- Where To Get Help
- Records And Books - Did You Make Any Money?
- The Rules Of The Game
- How To Mind Your Own Business
- You Can Make It Happen - Yess! You (The Business Plan)

Pursue Your Dreams (PYD) Club Curriculums

Money Smart – Financial Literacy for Teens and Young Adults



Money Smart for Youth

Future Leaders Outreach Network utilizes FDIC provides two instructor-led Money Smart curriculum products to teach young people, Money Smart for Young Adults (ages 12-20) and [Money Smart for Elementary School Students \(ages 5-8\)](#). **Click on link**, by holding down the Ctrl key on your computer, then left click on the mouse - http://moneysmart.drc.com/login/contents_YA.php.

The FDIC's Money Smart for Young Adults curriculum helps youth ages 12-20 learn the basics of handling their money and finances, including how to create positive relationships with financial institutions. Equipping young people in their formative years with the basics of financial education can give them the knowledge, skills, and confidence they need to manage their finances once they enter the real world.

Money Smart for Young Adults consists of eight instructor-led modules. Each module includes a fully scripted instructor guide, participant guide, and overhead slides. The materials also include an optional computer-based scenario that allows students to complete realistic exercises based on each module.

Need for Youth Financial Education

Financial education enables young people to start positive habits early such as saving money and budgeting, as well as avoid making "wrong" decisions that could result in years of financial pain, such as incurring an unmanageable level of credit card debt. Demand has grown for a version of Money Smart to combat the lack of financial literacy skills among youth

A description of each of the eight modules follows:

[Bank on It](#)

an introduction to bank services

[Borrowing Basics](#)

an introduction to credit services

[Check It Out](#)

how to choose and keep a checking account

[Charge It Right](#)

how to make a credit card work for you

[Setting Financial Goals](#)

Money Management

[Paying for College and Cars](#)

Installment Loans (i.e., car and student)

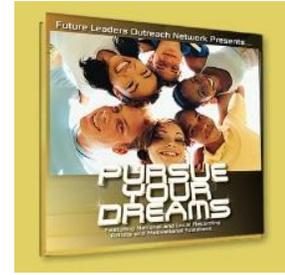
[Pay Yourself First](#)

why you should save, save, save

[A roof Over Your Head](#)

informed decisions on apartments and mortgages

Pursue Your Dreams (PYD) Club Curriculums



Future Leaders Outreach Network (FLON) PURSUE YOUR DREAMS CLUB

To inquire about training your organizations staff to replicate the Pursue Your Dreams Club Program contact FLON at
(816) 474-3566, ext. 13.



Our Communities and Nation Future Leaders

Join our F.A.M.I.L.Y. CARE Initiative. The unity, passion, and zeal of the FLON staff, partners, **YOU**, volunteers, parents and other adults demonstrates that they are individuals who **C.A.R.E.** Everyone involved is **Committed, Accountable Responsible and Engaged** in guiding our youth toward achieving their highest potential and thereby ensuring our community its future leaders.